

## CHARGER AQUATICS

## NMQT STANDARDS New Mexico State QT Yards

## Women 10 &amp; Under

	NMQT
50 Free	35.99
100 Free	1:21.59
200 Free	2:58.29
50 Back	43.49
100 Back	1:33.99
50 Breast	47.79
100 Breast	1:46.69
50 Fly	42.99
100 Fly	1:42.09
100 IM	1:32.99
200 IM	3:19.39

## Women 11-12

	NMQT
50 Free	31.89
100 Free	1:08.29
200 Free	2:31.49
500 Free	6:40.09
50 Back	36.79
100 Back	1:21.09
200 Back	2:48.89
50 Breast	40.89
100 Breast	1:29.29
200 Breast	3:11.69
50 Fly	35.09
100 Fly	1:20.19
200 Fly	2:51.79
100 IM	1:20.09
200 IM	2:50.69
400 IM	6:04.19

## Women 13-14

	NMQT
50 Free	29.39
100 Free	1:03.29
200 Free	2:19.19
500 Free	6:11.59
1000 Free	13:08.29
1650 Free	21:53.19
50 Back	34.29
100 Back	1:14.19
200 Back	2:51.79
50 Breast	37.99
100 Breast	1:24.09
200 Breast	3:14.59
50 Fly	32.69
100 Fly	1:13.49
200 Fly	2:53.39

## CHARGER AQUATICS

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**NMQT STANDARDS New Mexico State QT Yards**

100 IM	1:14.59
200 IM	2:33.99
400 IM	6:10.79

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**Women 15 & Over**


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	<b>NMQT</b>
50 Free	27.99
100 Free	1:00.69
200 Free	2:10.79
500 Free	5:52.59
1000 Free	12:55.49
1650 Free	21:38.89
50 Back	32.89
100 Back	1:10.99
200 Back	2:33.89
50 Breast	36.39
100 Breast	1:21.99
200 Breast	2:56.39
50 Fly	31.39
100 Fly	1:10.19
200 Fly	2:36.49
100 IM	1:11.49
200 IM	2:28.19
400 IM	5:35.69

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**Men 10 & Under**


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	<b>NMQT</b>
50 Free	38.89
100 Free	1:29.19
200 Free	3:09.89
50 Back	44.39
100 Back	1:42.89
50 Breast	53.59
100 Breast	1:56.69
50 Fly	47.29
100 Fly	1:55.19
100 IM	1:41.29
200 IM	3:40.89

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**Men 11-12**


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	<b>NMQT</b>
50 Free	33.39
100 Free	1:13.09
200 Free	2:38.89
500 Free	7:05.49
50 Back	39.49
100 Back	1:25.79
200 Back	2:58.39
50 Breast	44.29
100 Breast	1:35.09
200 Breast	3:21.69

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## CHARGER AQUATICS

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**NMQT STANDARDS New Mexico State QT Yards**

50 Fly	38.19
100 Fly	1:25.79
200 Fly	3:01.19
100 IM	1:23.69
200 IM	3:03.09
400 IM	6:23.69

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**Men 13-14**

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	<b>NMQT</b>
50 Free	28.49
100 Free	58.99
200 Free	2:15.69
500 Free	6:03.19
1000 Free	12:34.39
1650 Free	20:51.99
50 Back	33.99
100 Back	1:09.59
200 Back	2:41.29
50 Breast	37.59
100 Breast	1:18.09
200 Breast	3:02.39
50 Fly	32.39
100 Fly	1:08.09
200 Fly	2:43.69
100 IM	1:12.79
200 IM	2:31.99
400 IM	5:50.59

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**Men 15 & Over**

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	<b>NMQT</b>
50 Free	24.69
100 Free	53.79
200 Free	1:58.79
500 Free	5:40.49
1000 Free	12:08.19
1650 Free	20:21.89
50 Back	30.99
100 Back	1:06.09
200 Back	2:23.39
50 Breast	35.79
100 Breast	1:14.69
200 Breast	2:42.59
50 Fly	27.99
100 Fly	1:05.09
200 Fly	2:24.49
100 IM	1:05.99
200 IM	2:15.89
400 IM	5:11.79

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